Nutrition Services New Policy 2/1/2016

## 380.90a

# **Quarterly Activity Report**

## **Overview**

#### Introduction

The Iowa Breastfeeding Peer Counselor Program Quarterly Activity Report (QAR) is found on the following pages.

Nutrition Services New Policy 2/1/2016

### Iowa Breastfeeding Peer Counselor Program Quarterly Activity Report (QAR)



### **WIC Agency Name:**

#### **PC Coordinator Name:**

Quarter and Year:	Type of Client Contact/Communication			Contact Totals				Other Duties/Activiti es Total Time	Other I Tot Num	tal	Total quart erly case load	
Peer Counselor Name	# Contacts via 2-way communication	# Contacts via 1-way communication	# Contacts via face-to-face/ In-person	# Unsuccessful Contacts	Total # Client Contacts (First 4 columns)	Total Time Client Contacts (First 4 columns)	Total # Prenatal Contacts	Total # Postpartum Contacts	Total TIME spent in ALL OTHER duties/activities	# Brfdg Classes/Support groupsfacilitated	# Trainings, Inservices/ Cont Ed/Meetings	
					0							
					0							
					0							
					0							
					0							
					0							
Total	0	0	0	0	0	0	0	0	0	0	0	0

Referrals Made to:		
New Community Partners:		
Continuing Education:		
PC Promotional Activities:		

Nutrition Services	New Policy 2/1/20	16

**QI Activities Update:** 

Comments:

#### **DEFINITIONS OF REPORTING CATEGORIES**

#### **TYPE OF CLIENT CONTACT/COMMUNICATION**

#Two-way communication - e-mail, phone, social media. Think of as a "conversation" when determining #. Such as 3 texts within a day between client and PC regarding a specific topic, question, etc. is counted as one contact. The time involved in documenting the contact is included under "Total Time Client contacts" NOT under "Other Duties/Activities."

<u>#One-way communication/contacts -</u> Count each client as one contact when communicating one-way through postal mail, social media, phone, etc. to include things such as newsletter, notification of support group or brfdg class, etc. Count if leave a message via voice mail or a person, e-mail, text, social media. Each of these contacts should be counted in the Total # of Prenatal or Postpartum.

<u># Contacts with client face-to-face/in-person</u> - Hospital visit, WIC Clinic, Other face-to-face, # of attendees in BF class or support group.

**#Unsuccessful contact attempts** - Phone: no answer, phone disconnected, includes leaving a call-back message. E-mail or Text: Message sent, asking for or expecting a response but no response received within a reasonable time.

#### Total # of Client Contacts - from first 4 columns

<u>Total time spent on contacts/communication</u> in 1st 4 columns. **Documentation of time related to each contact is included here.** 

<u>Total # of Prenatal Contacts-</u> These 2 columns, # of Prenatal and # of Postpartum contacts together, should equal the number in Total # client contacts column.

<u>Total # of Postpartum contacts</u> - Include One-way contacts in prenatal and Postpartum numbers.

#### OTHER DUTIES/Activities -Time Spent

<u>Other duties/activities</u> - All Time NOT included in the first 4 "Type of Client Contact/Communication" columns - Including documentation (other than related to a client contact), non-client contact e-mail/phone/text, research, reading, Self Study, communication with PCC, Promotional activities, trainings, conferences, meetings, etc.

Nutrition Services New Policy 2/1/2016

<u>Total Numbers</u> - Record just the # of Trainings/Inservices/CE/Meetings, BF classes support groups, Referrals.

#### # Training, Inservices/Cont Ed/Meetings - (Structured) Staff meetings, trainings, conferences

#Breastfeeding class/support group - # of classes/groups facilitated by PC (actual number of clients will be included in Contacts with Client face-to-face/in-person column)

<u>QI Activities Update</u> - brief monthly update on current Peer Counseling Program-wide QI Activity (Meeting held w/hospital staff, info/data gathered, activity planned, developed evaluation tool, etc)